



ATHENA GROUP OF INSTITUTIONS

Recognized by Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Science Bangalore.
Approved by Karnataka Nursing Council (KNC) & Indian Nursing Council (INC), New Delhi



PROSPECTUS



STUDY
LEADERSHIP
GOALS SUCCESS
YOUTH GUIDANCE **HARD WORK** **ACHIEVEMENT**
LEARN FOCUS

Institution Profile

A PURSUIT OF EXCELLENCE THROUGH DIVERSITY

The aim and aspiration of a dedicated team was the seeding for "Athena Group of Institutions". Our institute provides an opportunity and conducive atmosphere for the students to become skilled professionals by providing world-class education.

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education."

Quality and excellence are of utmost importance while pursuing professional education. Hence through our institution, we educate young individuals to excel in their curriculum with quality and passion. In essence, our ultimate goal is to provide an education that not only is subject to an individual's development in a particular vocation but more than that, to provide skills for total 360° development.

The institution is managed by the chairman Mr. Wasif Nisar and his dedicated team members with an aspiration to provide an education that is unparalleled to any institution.

VISION

Athena Group of Institutions envisions to propagate socially meaningful Health Care; Nursing Education and Research with adherence to moral, legal, and ethical values.

MISSION

- To promote the overall development of the nursing students by providing a balance between curricular, co-curricular, and extracurricular activities.
- To make learning an exciting experience that motivates nursing enthusiasts to reach their full potential.
- To develop professionalism by quality and value-driven education with a universal perspective.
- To prepare the nursing students to adapt to the current nursing challenges and demands of society.
- To focus on attitude building and personal development of nursing for the provision of excellent quality patient care.
- To develop leadership skills and group dynamics among young nursing professionals to cater to the healthcare needs of their patients.
- To nurture alliance and integration between research, education, and practice by promoting multidisciplinary collaboration and partnership.



Chairman Message

As we step into this academic year, filled with hope and dreams of scaling new heights, I wish to reiterate the importance of a few things that we have to keep in mind. Parents should remember that children should not be forced, but should be guided to achieve whatever goals they may have in their minds easily and pleasingly, so that we may be able to discover the particular touch of genius in each one of them.

The purpose of education is to teach our children to think and develop a capacity to reason out facts. Students should keep in mind the importance of planning and prioritizing their time and the effective use of it which is essential to achieve success.

Students should always think and review - discover the cause and effect of every event, in which they are involved. Do not surrender or become a slave to youthful fancies and indulgences. Be steady in your studies. Learn to enjoy hard work - particularly your studies. Think wisely, think systematically. Always prepare yourself for the next day's lesson. Be very serious and attentive in class.

With experienced and dedicated teachers and excellent infrastructure, our college helps students to realize their goals in life. I encourage all the students to take advantage of the opportunities provided by the college and involve themselves in all the extracurricular activities offered. The overall development of the mind and body is a sign of healthy and complete development.

Hard work, dedication, and perseverance are the most important traits in a person that lead to success. The future belongs to you; your need, therefore, is to prepare yourself for active participation in the world. This participation demands that you become well informed and hence develop yourself like a pioneer and ultimately grow as responsible men and women.

WASIF NISAR

Chairman



Vice Chairman Message

At Athena Institute of Nursing, we believe that learning is a lifetime process and we've been practicing it by making education easy and accessible to all the students. Our curriculum is designed to enlighten students with the knowledge and nurture them with compassion so that they can grow up into responsible professionals. The faculties at our institute follow the policy of "Practice What You Preach" which imparts the message of care, kindness, and compassion in the students towards society.

Our learning methodologies involve progressive ways of edifying students for all facades of life and we provide state-of-the-art infrastructure for experiential learning. Our assessment criteria are designed not only for evaluating the theoretical knowledge of a student but also for measuring their practical knowledge, caliber and intellect.

We strongly believe the wise words said by Nelson Mandela - "Education is the most powerful weapon which you can use to change the world."

We make sure that the level of education that you get from Athena Institute of Nursing stays with you for a lifetime and makes you stand out as a professional in a mob of thousand others. And, just like we say - "Once an Athenian; Always an Athenian"

MASOOD HUSAIN

Vice Chairman



Secretary Message

It is my pleasure to welcome you to our college to pursue an immensely demanded field of education and embark on your journey of a highly rewarding career.

Nursing is a noble profession and Athena is the perfect temple of learning and mastering his art of devotion and medical service.

At Athena, we are committed to providing excellent academic exposure with an admirable overall comfort of the students during their tenure at the campus for their holistic development.

We provide our students with an unparalleled educational experience through excellent healthcare infrastructure, world-class professionals/doctors, excellent teaching methodologies, and most importantly, high moral values.

Our dedicated staff is devoted to incorporating teaching with modern equipment and electronic gadgets for a more effective learning experience. These proactive pedagogical technologies result in higher performance in examinations and academic activities. Our faculty invests their expertise to drive advancements in nursing research, leading the preparation of tomorrow's nurses and creating a healthier community through practice.

We provide quality medical education that empowers students to analyze and overcome the challenges, explore new horizons in the medical sector and contribute generously to create a healthy nation. Our main aim is to identify and enhance the potential of the students through comprehensive academic programs of international quality.

The atmosphere in our campus is safe, amiable, and perfectly suited for the all-round development of the intellectual skills of students. I heartily welcome nursing aspirants to our college and assure to build them as a valuable medical asset of India.

DEEPAK PATEL

Secretary

Director Message

Thank you for considering Athena Group of Institutions. Never in the history of health care have nurses had such gaping opportunities and improved career prospects.

Through its instigating efforts, the Athena College of Nursing aims to create medical leaders by providing unique, innovative programmes that are responsive to the healthcare needs as per the international standards, keeping in mind the rapid advances in India as well as abroad.

I am confident that Athena Nursing College will create a benchmark in nursing education in India as well as overseas by ensuring a unique curriculum, streamlined classroom environment, and unique teaching methodologies by renowned faculty members.

It fills my heart with unspeakable pride when I see students graduating from our college looking ahead confidently to a bright future. I wish all our nursing aspirants all the best for their future endeavors.

PRASHANT KUMAR

Director



Marketing Director Message

Welcome to Athena Group of Institutions, Bangalore

We are one of the most eminent nursing institutions in Bangalore imparting quality education in international standards. Athena was envisioned to prepare professional nurses, in order to improve standards of nursing service through quality education and it is my pleasure to be on-board.

We enrich our integrated curriculum by incorporating a good teaching pedagogy and high educational standards to create the best learning experiences. We aim to impart the specialized skills required to contribute medical services for a smooth running health care system.

We emphasize hands-on training while ensuring our nurses are pioneers at incorporating technological advancements in their profession. I welcome you to this college if you are ready to explore the opportunities for a noble and challenging nursing career.

HEMANT PUDYAL

Marketing Director





Principal Message

Among all the health professionals, nurses are the ones who are closely associated with the care of the patients round the clock in the hospitals as well as in the community. Post the pandemic, the demand for highly trained and skilled nurses has even increased more.

With an acute shortage of qualified and trained nurses all over the world, Athena Nursing College aims to impart quality education so that we produce dedicated and expert nurses who are capable of contributing towards the development of emerging health care systems in public and private health care organizations in the world.

This College of Nursing was established in the year 2018. The college has been accredited and affiliated to the Indian Nursing Council, Karnataka Nursing Council, Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka Nursing Education Board, and Government of Karnataka.

Our faculty continues to grow in stature by contributing to practice-based research and innovative methods of teaching. We have made every effort to provide the students with all possible opportunities that will foster scholarly and civic development in a safe and secure learning environment. We blend hands-on training with extra-curricular activities for an all-round development of our nurses so that they are ready to explore what lies ahead for them in their holy career.

EHSAN KAPIL

Principal

Vice-Principal Message

It is with great pleasure that I welcome you and your family to the Athena Institute of Nursing.

I consider myself very fortunate to work at an institution where students are taught with utmost dedication to help them provide medical care to the underprivileged population of this country. Each day at Athena is filled with new experiences, learning for all, and the ability to make someone's day better.

The goal of Athena Institute of Nursing is to produce professionally sound nurses to face any hardship and challenges of this profession in the field of nursing and may prove themselves better in this noble profession of nursing.

I wish that all the students passing out from here would shine their light wherever they are. I welcome all the students to prepare and acquire the skills required to meet the health needs of people across the globe.

MANJU JOSE

VICE-PRINCIPAL





Chief Administrative Message

Welcome to the world of healthcare. This is the only sector which gives you financial stability along with respect in society. We, at Athena Institute of Nursing, not only groom our students to become good nurses but also look after their overall development. We make sure that the professionals we make today make us proud years after they pass out. We treat our students like family. Our institution focuses on the necessity to channelize the knowledge and skills of the students efficiently so that they can fulfill their dreams alongside meeting the needs of humankind. Our faculties continue to innovate new paths in teaching and research methodologies because we believe in continuous learning.

TLEMTY PONGEN
CHIEF ADMINISTRATIVE

Admission Officer Message

Athena Group of institutions is one of the reputed, well-organized and fully dedicated organizations to provide quality education. The students of our college can lead in any sector because we are providing the conducive academic environment to fulfill our slogan that is "A Better Learning Environment". We proudly declared that our college has the best academic environment. We also encourage students to participate in different activities and Competition in District and National level.

The potential unleashed from an idea could open many vistas of a new world and that is important for the growth and progress of any society or nation at large. AGI has a dream to bring this inevitable change and be instrumental in molding the personalities of children – the future youth, with a futuristic vision and goals.

We heartily welcome you all to visit Athena Group of Institutions for getting admission to make your bright future and careers.

DEEPAK SHARMA
Admission Officer



Courses Offered

GNM

General Nursing and Midwifery

General Nursing and Midwifery or GNM is a three-year diploma program designed for aspirants who want to pursue a career in clinical nursing.

The program teaches candidates how to care for individuals who are sick or have been injured to help them attain full recovery. Although the curriculum design of the course varies from university to university, GNM courses are designed to prepare the students for the clinical approach of handling patients.

Eligibility

Pass in 10+2 or equivalent examination with any subjects.

Foreign nationals: (Including Nepali, Bangladeshi, Bhutani, and Tibetan Refugee) for admission to Diploma Nursing (GNM) program, candidates should have qualified 12th standard obtained by association of Indian University / Institution / Council or equivalent.

Career Options and Job Prospects

Nursing is a full-time occupation and candidates who have acquired the required skills and education in the field of care-taking and nursing can take up jobs at hospitals, clinics, health departments or can work as a private health care-taker. GNM Diploma holders can also take up community services and can work for NGOs that spread medical awareness or help the sick. The salaries offered after the GNM courses can vary from Rs. 1.5 lakh to Rs. 3 lakh per annum. Some government jobs pay better packages to freshers who complete this course.

Following are some of the job profiles that a GNM diploma holder can apply for:

- ◆ Staff Nurse
- ◆ Home Nurse
- ◆ Health Visitor
- ◆ Community Health Worker

SYLLABUS

FIRST YEAR

Subjects	Theory (hours)	Practical (hours)
Bio Sciences	120	
Anatomy & Physiology	90	
Microbiology	30	
Behavioral Sciences	60	
Psychology	40	
Sociology	20	
Nursing Foundations	210	200 (lab) 680(clinic)
Fundamentals of Nursing	190	
First aid	20	(22 weeks)



Community Health Nursing	180	
CHN-I	80	
Environmental Hygiene	30	320
Health Education & Communication Skills	40	8 Week
Nutrition	30	
English	30	-
Computer Education	15	15
Co-curricular activities	10	-
	625 (16wks)	1215 (30 wks)
TOTAL	1840	

SECOND YEAR

Subjects	Theory (hours)	Practical (hours)
Medical Surgical Nursing-I	120	800 (20 wks)
Medical Surgical Nursing -II	120	
Mental Health Nursing	70	320 (8wks)
Child Health Nursing	70	320 (8wks)
Co-curricular activities	20	-
	400 (10wks)	1440 (36 wks)
TOTAL	1840	

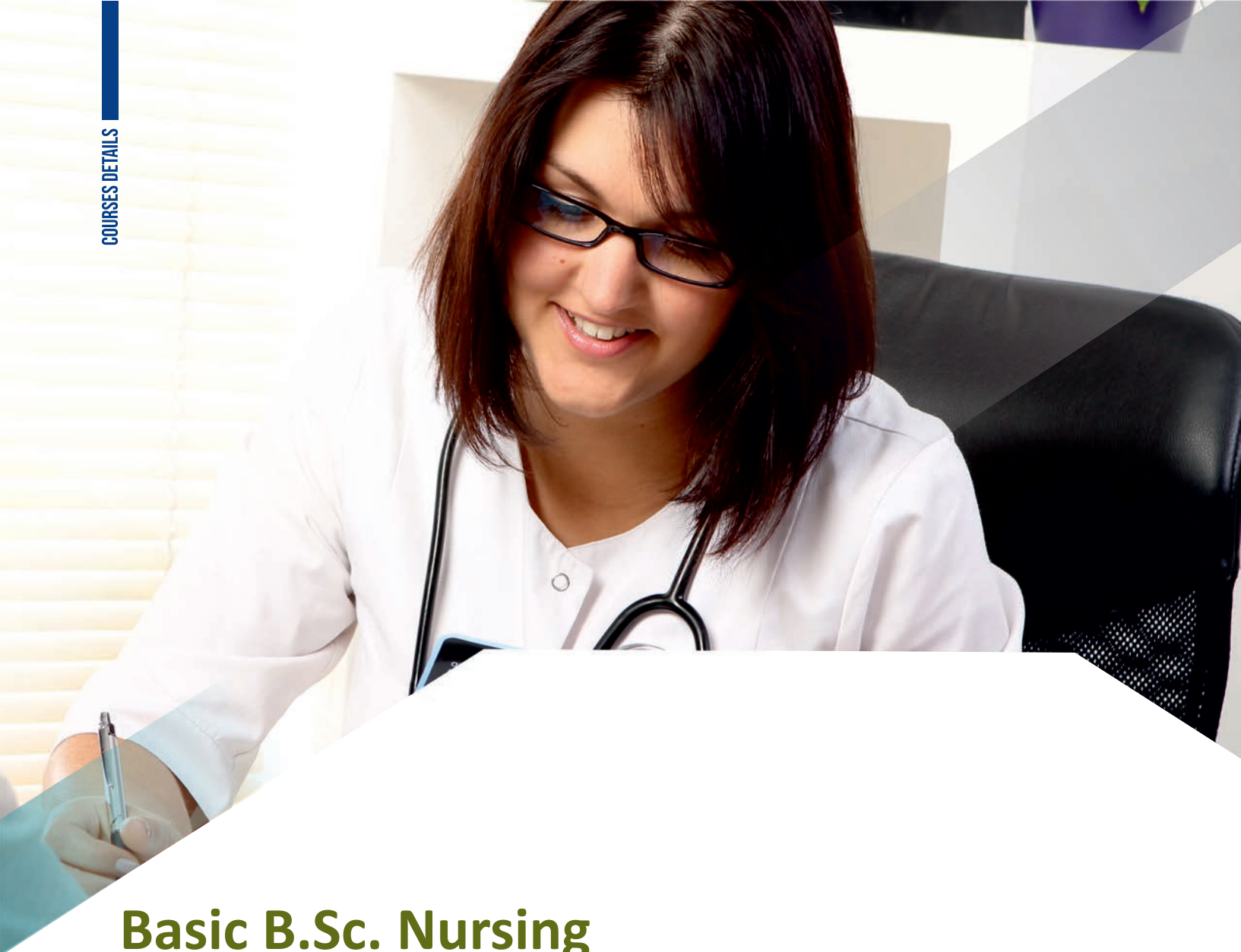
THIRD YEAR

Subjects	Theory (hours)	Practical (hours)
Midwifery & Gynaecological Nursing	140	560 (14 wks)
Community Health Nursing-II	90	160 (4 wks)
Co-curricular	10	-
	240 hrs	720 hrs
TOTAL	(6 wks)	(18 wks)
	960	

THIRD YEAR

(Integrated supervised Internship)

Subjects	Theory (hours)	Practical (hours)
Nursing Education	20	
Introduction to Research and statistics	30	
Professional Trends & Adjustments.	30	
Nursing Administration & Ward Management	40	
TOTAL	120 (2 weeks)	



Basic B.Sc. Nursing

COURSE DURATION 4 YEARS

Duration: 4 Years | Eligibility: 10+2 with 50% marks in science subjects

The college is affiliated to the Rajiv Gandhi University of Health Sciences and Approved by The INC, New Delhi. The College develops students of Basic B.Sc. (Nursing) an aptitude for nursing to provide the necessary knowledge & skills to give comprehensive nursing care to patients for all types of illness following objectives of study.

Objectives

- To provide a balance of professional and general education
- To enable a student to become a professional nurse practitioner who is self-directing and also a responsible citizen.
- Assess the nursing needs of individuals, families, and communities throughout life, from birth to death.
- Plan appropriate action to meet their needs through completely safe nursing care
- Prevention of illness, restoration of health, and rehabilitation

Philosophy

We believe that the basic course in nursing is a formal educational preparation that should be based on educational principles.

We are also of the viewpoint that it is our responsibility to the students and to the society, to provide quality healthcare through innovative approaches to education, research and clinical practice.

Eligibility

- 10+2 with 50% marks in science subjects (Physics, Chemistry, Biology - Botany/Zoology).
- If belonging to a Scheduled Caste or a Scheduled Tribe, should have obtained not less than 40% of the total marks in science subjects.
- Completed 17 years of age at the time of admission or will complete this age on or before 31st December of the years of admission.

Course of Study

The course of study leading to Bachelor of Nursing (Basic) Degree comprises 4 academic years. The candidate shall undergo the course of instruction in the following subjects:

First year

Subjects	Theory	Practical	Total Hours
English	60		
Anatomy	60		
Physiology	60		
Nutrition	60		
Bio chemistry	30		
Nursing foundation	250 +200		
Psychology	60		
Microbiology	60		
Introduction to computers	45		
Kannada	30		
Library work/self-study	50		
Co-curricular activities	50		
Total	930	450	100
Total number of hours	1480 Hrs		

Second Year

Subjects	Theory	Practical	Total Hours
Sociology	60		
Pharmacology	45		
Pathology	30		
Genetics	15		
Medical Surgical Nursing (Adult including geriatrics)	210		720
Community Health Nursing	90		135
Communication & Educational Technology	60+30		
Library work/Self Study	50		

Co-curricular activities	35		
Total	540	855	85
Total No. of Hours	1480 Hrs		

Third Year

Subject	Theory	Practical	Total Hours
Midwifery including Maternity & Gynecology Nursing I	90		180
Medical Surgical Nursing II	120	270	
Child Health Nursing	90		270
Mental Health Nursing	90		270
Library Work/ Self study		50	
Co-curricular activities	50		
Total	390	990	100

PS. *Any one out of three to be selective subjects.

Fourth Year

Subject	Theory	Practical	Total Hours
Midwifery including Maternity & Gynaecology Nursing I	180		
community Health Nursing I	90	135	
Nursing Administration & Education	60+30		
Nursing Research & Statics	45	project	
Electives			
Yoga			
Appreciation of Fine Arts			
Computer Science			
Total	225	315	



Post Basic B.Sc. Nursing*

The Post Basic B.Sc. Nursing is a 2 years degree program affiliated to Rajiv Gandhi University Health Science, Bengaluru, Karnataka. This program is approved by Karnataka State Nursing Council & Indian Nursing Council.

The health care sector has witnessed rapid development in recent years and the nursing professionals who are part of the health system too have a dynamic growth rate.

The PB B.Sc. Nursing program is aimed at preparing young professionals to presume responsibility as nurse specialists, consultants, educators, clinical specialists by providing advanced knowledge which is rendered through classroom & clinical teaching and educational visits.

The scope encompasses nursing educational institutions, clinical nursing, and public health nursing in the community setting. The examinations are held annually.

Eligibility

- The candidate should be a registered nurse and registered Midwife or equivalent with any state nursing registration council.
- No candidate who is above 48 years of age as of 31st December of the year of admission will be eligible.
- Foreign nationals: (Including Nepali, Bangladeshi, Bhutani, and Tibetan refugees) seeking admission to Post Basic B.Sc. Nursing program must have a valid certificate of a registered nurse by their own country.
- Be medically fit

*Proposed Course



M.Sc. Nursing*

COURSE DURATION 2 YEARS

The duration of M.Sc. Nursing program is two years. The examinations are held annually. The teaching is incorporated with clinical experience in respective specialties. The students are required to submit a dissertation as a partial fulfilment of the program. Students are given the experience of organizing a workshop and conference with the support of faculty.

ELIGIBILITY

- Passed B.Sc. Nursing (Basic) or Post Basic B.Sc. Nursing degree or Post Certificate B.Sc. Nursing of RGUHS or any other university accepted as equivalent by RGUHS, Karnataka.
- Minimum one year of experience after obtaining B.Sc. Nursing in a hospital or a Nursing educational institution or community health setting.
- For a candidate possessing Post Basic Nursing, the experience is not required.
- Be a registered Nurse and Midwife

Clinical Specialisations Offered

- Medical-Surgical Nursing
- Community Health Nursing
- Child Health (Paediatric) Nursing
- Obstetrics and Gynaecology Nursing
- Psychiatric (Mental Health) Nursing

Availability of Medical facilities is of utmost importance. We aim to serve the healthcare requirements needs of the medically unreached population. Through this, we provide quality medical, paramedical, nursing, and allied healthcare education, excellent and compassionate hospital services with state of the art facilities as well as to carry out health research for the betterment of humankind in tune with the holistic values of the institution.

*Proposed Course

Clinical Posting

Hospital Posting

All through the year our students are sent to prime care hospital, Bangalore for their clinical posting along with their teachers. During clinicals the students conduct bed side presentations and clinical conference in order to link theory and practice. By this they get ample opportunity to practice what is taught in class room.

Apart from this the college is also affiliated to various multispecialty and renowned hospitals in order to get specialized training in each clinical area. Depending upon the syllabus the students are posted to the concerned multispecialty clinicals area as mentioned below

- Columbia Asia hospital
- KC General hospital
- Sri Sai hospital
- HAL Hospital
- KIDWAI memorial institute of oncology
- Trinity Heart Foundation, Basavangudi
- Jaydeva institute of cardiology
- NU Trust hospital, Banashankari
- Sparsh hospital
- Sankara eye hospital
- Collaborate with Gunjur PHC and Dommasandra PHC for serving the needs of the community

Library and Information

A Book is not a Book Unless it is an Experience

Libraries in individual Institutions of Athena Group of Institutions are designed to serve the growing needs of learning and holistic education. The libraries are equipped with the necessary learning resources to promote research and self-learning.

The Athena Group of Institutions Library and Information Centre is host to a vast number of titles, in multiple disciplines, ranging from standard and prescribed textbooks / reference books to research literature.

The library also has subscriptions to periodicals and research journals in every discipline and additions are made periodically as per the recommendations of the staff and library advisory committee.

Ready reference services that help students access and search reference resources across libraries, locker facilities computer-aided retrieval, interlibrary loan facilities with other established libraries such as the British Library etc., are some of the features of Athena Group of Institutions Libraries. They are automated with Easylib Library Automation Software.

Digital Library

Besides to the traditional library resources, digital library services are also available that enable students and staff to access resources from other public libraries, databases, e-learning portals like the National Programme on Technology Enhanced Learning (NPTEL) National Institute of Science Communication and Information Resources (NISCAIR), Directory of Open Access Journals (DOAJ) Online Public Access Catalogue (OPAC), etc.



Infrastructure & Facilities

Campus

All the constituent colleges of the Athena Group of Institutions have independent campuses. Each campus has within its premises, its own seminar halls, libraries, lecture halls, and other facilities required for wholesome education. Some of the major sports and athletics facilities are common for all institutions. The campuses are also Wi-Fi enabled.

Lecture Hall

Lecture halls at the Athena Group of Institutions have been constructed very carefully keeping comfort ventilation and modern facilities in mind. All lecture halls have functionally designed modern furniture and have been interfaced with ICT and multimedia friendly plug and play audiovisual facilities.

Sports

We recognize the importance of physical and emotional outlets for a well-balanced campus experience. Thus, in every institution of Athena Group of Institutions, we have a Physical Education Department with an adequate number of qualified staff to implement games and athletic activities throughout the year. Indoor, as well as outdoor sports facilities, are made available to students.

Canteen

The college has a well-furnished and hygienic canteen which provides healthy and nutritious food to the students. The college has a separate hostel for boys and girls with all facilities within the campus. Great care has been taken to make the hostel a home away from home. Nutritious, hygienically prepared vegetarian and non-vegetarian food is served.

Transportation

Athena Group of Institutions understands the requirement for an exclusive fleet of vehicles for transportation purposes owing to its broad diversity of students and staff. These vehicles provide pick up and drop facilities for academic and co-curricular activities, for Clinical / Hospital posting in the case of the College of Nursing, and for inter-college events and fests, etc.

Photo Gallery



Photo Gallery / Cultural Activities



Our Groups:
Athena Institute of Nursing
(GNM & B B.Sc Nursing)



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No. 75, Kannur, Bidarahalli, Hobli,
Bengaluru - 562149, Karnataka, India.
Tel: (+91) 080-2526 2244 | 8095571188
Email: info@athenagroupofinstitutions.com
Website: www.athenagroupofinstitutions.com